

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	Adults Gi 7:00 – 8:00 am	Adults Gi 7:00 – 8:00 am	Adults Gi 7:00 – 8:00 am			Closed
	All Levels No Gi 10:00 – 11:00 am		All Levels Gi 10:00 – 11:00 am		Kids No Gi 9:00 – 9:45 am	
	Toddlers Class 4:15 – 4:45 pm		Toddlers Class 4:15 – 4:45 pm		Open Mat 10:00 – 11:00 am	
Kids No Gi 5:00 – 5:45 pm	Kids No Gi 5:00 – 5:45 pm	Kids BJJ Gi 5:00 – 5:45 pm	Kids Gi 5:00 – 5:45 pm	Kids Competition Team Only 5:00 – 5:45 pm		
Kids No Gi 6:00 – 6:45 pm	Kids No Gi 6:00 – 6:45 pm	Kids BJJ Gi 6:00 – 6:45 pm	Kids BJJ Gi 6:00 – 6:45 pm	Women's only class 5:30 – 6:30 pm		
Women's All Levels No Gi 6:00 – 7:00 pm		Women's All Levels Gi 6:00 – 7:00 pm				
Adults Beginner No Gi 6:00 – 7:00 pm	Adults Mixed Level No Gi 6:00 – 7:00 pm	Adults Beginner Gi 6:00 – 7:00 pm	Adults Mixed Level Gi 6:00 – 7:00 pm	Adults Gi – All Levels 6:00 – 7:00 pm		
Adults Advanced No Gi 7:00 – 8:00 pm	Adults No Gi Beginner Basics 7:00 – 8:00 pm	Adults Advanced Gi 7:00 – 8:00 pm	Yoga 7:00 pm – 8:00 pm			
			No-Gi Drills 7:00 – 8:00 pm			